



# RAFA NADAL ACADEMY

BY  movistar

LESSONS IN LIFE, PERFORMANCE IN TENNIS



MALLORCA

# RAFA NADAL ACADEMY by MOVISTAR

Rafa Nadal Academy by Movistar opens its doors to young players to train with the method that has led Rafa to be number one, with guarantees of being surrounded by the best coaches and the best technical team in the field of tennis. All this space designed for them, in an integrated campus with the best facilities and high technology applied to sports.

Maximise your strengths, minimise your weaknesses with the training techniques of Rafa Nadal and his team.

Whether you are a recreational or professional athlete, family or group looking for a sports-focused trip that caters for adults and children alike, we have the perfect combination of performance and paradise to redefine your game. You can do it all at **Rafa Nadal Academy by Movistar**.



MALLORCA



## WHERE ARE WE?

RAFA NADAL ACADEMY by MOVISTAR is located in Manacor, Rafa Nadal 's hometown. Mallorca is one of the main tourist destinations in the world.

We have a perfect location on the island, just 30 minutes from Palma de Mallorca airport, with excellent connectivity to all European countries, and just 10 minutes from the coast.

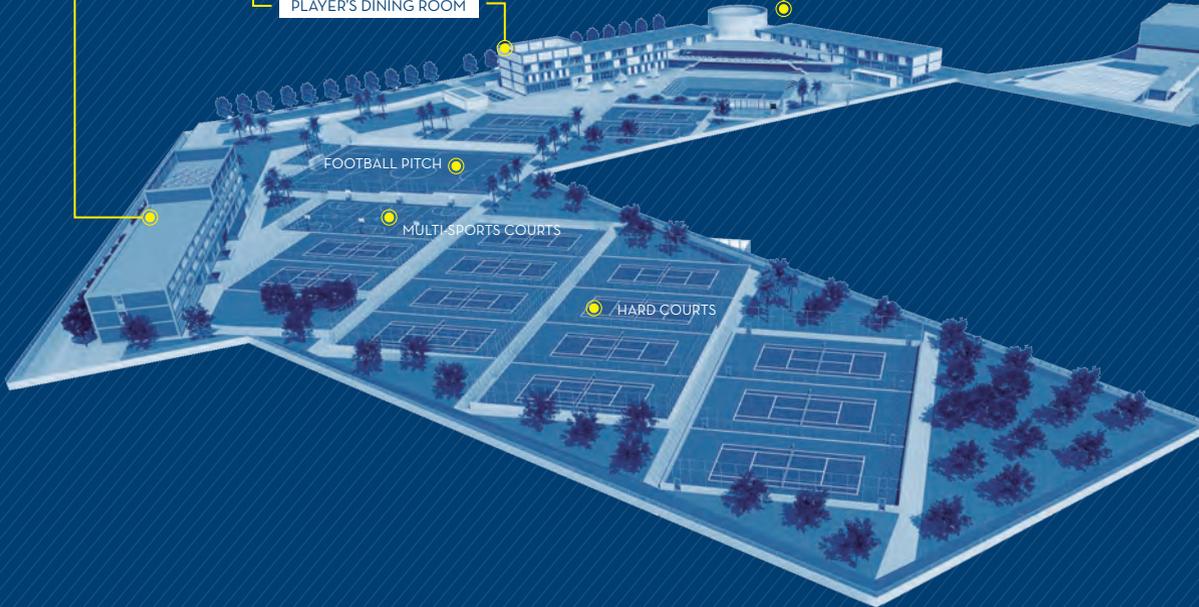
We have an ideal climate and environment to complement the physical activities along with great cuisine, culture, and recreational activities Mallorca has to offer.



## JUNIORS



- INTERNATIONAL SCHOOL
- HALL OF RESIDENCE
- PLAYER'S GYM
- PLAYER'S LOUNGE
- PLAYER'S DINING ROOM



FOOTBALL PITCH

MULTI-SPORTS COURTS

HARD COURTS

## ADULTS



- ACCOMMODATION
- RESTAURANT
- FITNESS CENTRE & SPA
- BIKE CENTRE BY *SPECIALIZED*
- SPORT SHOP
- RAFA NADAL MUSEUM
- HEALTH CLINIC

PADEL COURTS

CLAY COURTS

## OUR FACILITIES

RAFA NADAL ACADEMY by MOVISTAR has the latest generation sports facilities designed with the latest technology in equipment and sporting goods.



27 TENNIS COURTS.



SPA WITH MASSAGE CABINS,  
SAUNA AND TURKISH BATHS.



PRIVATE PARKING.



7 PADEL COURTS.



RAFA NADAL MUSEUM XPERIENCE.



7 -A-SIDE FOOTBALL PITCH.



2 SQUASH COURTS.



BEAUTY SALON.



3 MULTISPORT COURTS.



FITNESS CENTRE.



BICYCLE RENTAL.



INDOOR AND  
OUTDOOR POOL.



MEETING ROOMS.



RAFA NADAL  
ACADEMY  
BY  movistar



Rafa Nadal  
(Founder)



Carlos Moyà  
(Technical Director)



Toni Nadal  
(Head of Academy)



# AI SCHOOL of MALLORCA

AIMS is a vibrant co-educational school focused on bringing out the best of each other, with the school's philosophy based on the term "Education" in the widest possible sense. We create a happy working atmosphere, where each child can feel that he belongs and where every individual is a very important part of the whole.

We provide a high-quality Middle School and High School international education for boys and girls from across the world aged 12 to 18. All classes are delivered in English by experienced native teachers.

HARD  
**20** TENNIS  
COURTS

CLAY  
**7** TENNIS  
COURTS

**3** MULTISPORT  
COURTS

**7** A-SIDE  
FOOTBALL  
PITCH



HALL OF  
**RESIDENCE**

PLAYERS  
**GYM**

PLAYERS  
**LOUNGE**

PLAYERS  
**DINING ROOM**



## JUNIOR PROGRAMS

### ANNUAL PROGRAM (from September to June)

Intensive tennis program and academic studies at the American International School of Mallorca, an international school that offers the American system of education located within the Academy. Our training system is based on the experience acquired by Rafa and his technical team during all these years on the ATP circuit, including values that have been essential for his success. For players aged 12-18.

### WEEKLY PROGRAM (from September to June)

Intensive tennis program lasting one or several weeks at Rafa Nadal Academy by Movistar. We invite you to discover our new training system and live a high-intensity tennis experience. For players aged 12-18.

### SUMMER CAMP (June to August)

One or several weeks program open to all levels of tennis for players aged 8-18. The program includes tennis training, physical training and recreational activities in a unique environment in Mallorca. Training and fun through sports values.



## ADULT PROGRAMS

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### GROUP TENNIS CAMP

Group training program with coaches from Rafa Nadal Academy by Movistar. Includes tennis training, physical training on court and free use of the fitness centre, pools, spa and directed activities. The coach/player ratio is 1/4.

### PREMIUM TENNIS PROGRAM

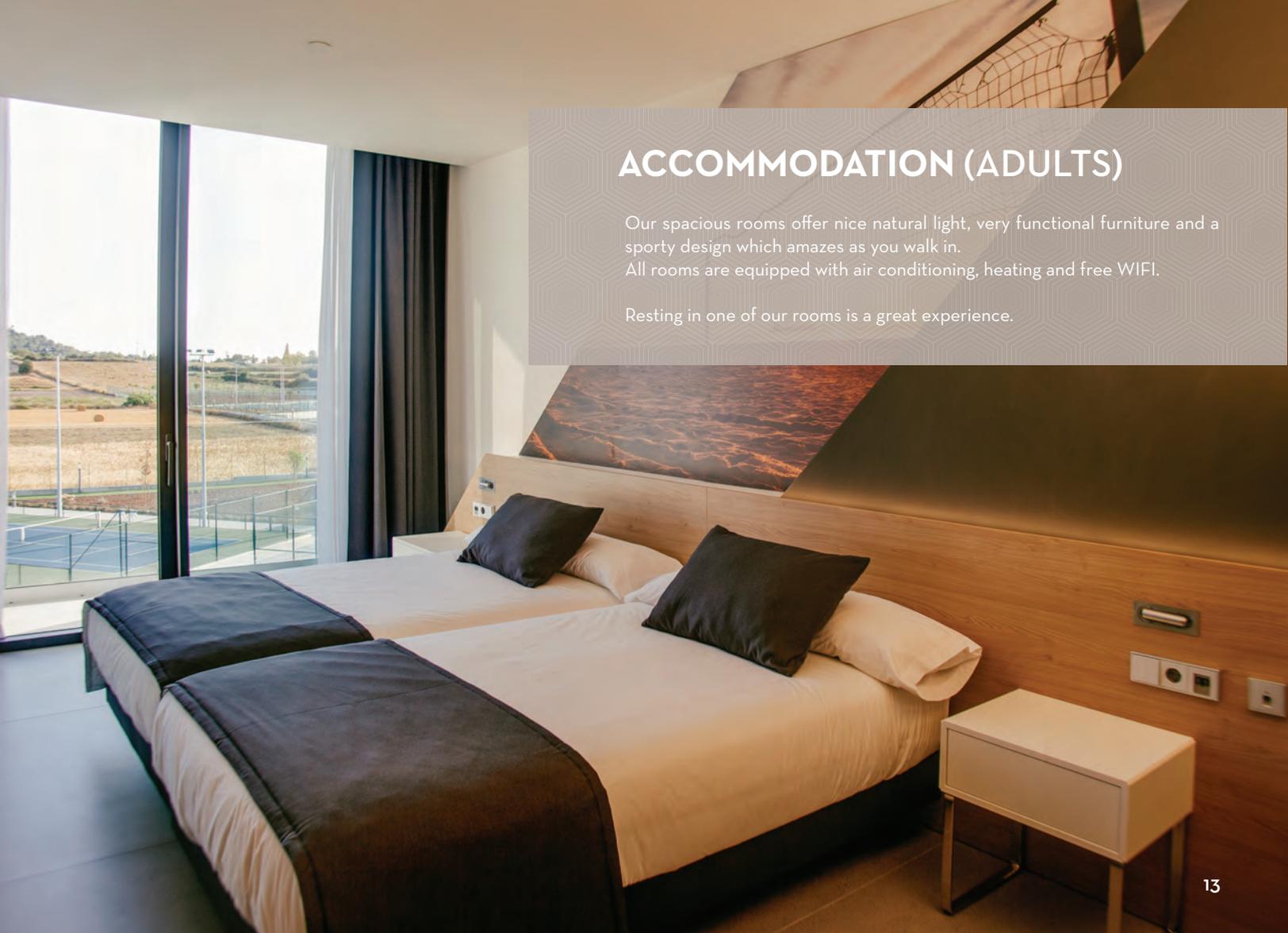
Includes a weekly program with personalized, technical, and tactical sessions with the technical team of the Academy. Includes 6, 12 or 18 hours of tennis a week, 5 hours of personal training, complete medical examination, video analysis, relaxing massages, unlimited use of the fitness centre, pools, spa and organised activities. The coach/player ratio is 1/1.





RAFA NADAL  
SPORTS CENTRE



A modern hotel room featuring two beds with white linens and dark brown throw blankets. The room has a large window with dark curtains, offering a view of an outdoor tennis court and a landscape. The headboard is made of light wood and features a large, abstract, golden-brown artwork. A white bedside table is visible next to the beds. The room is well-lit with natural light from the window.

## ACCOMMODATION (ADULTS)

Our spacious rooms offer nice natural light, very functional furniture and a sporty design which amazes as you walk in.

All rooms are equipped with air conditioning, heating and free WIFI.

Resting in one of our rooms is a great experience.



SPORTCAFE

## RESTAURANT - CAFETERIA

RAFA NADAL ACADEMY by MOVISTAR has its own restaurant offering a varied and high-quality cuisine. We recommend our delicious breakfast buffet, daily menu or a-la-carte restaurant specialising in rich dishes from the Mallorcan and Mediterranean cuisine.

SPORT CAFE is also a social space with large TV screens to enjoy the best sporting events, large relaxation areas and a terrace overlooking the sports facilities.





## WELLNESS SPA

### SPA AND BEAUTY SALON

Wellness Spa is a space created for rest and relaxation, essential to achieve optimal performance. It has a hydrothermal area designed to calm tensions and rebuild energy using cold water, warm water or tepid water baths as well as dry or humid heat from the sauna or Hammam. You can also enjoy a wide range of facials, body and beauty treatments.



## FITNESS CENTRE

SPORTTIME

RAFA NADAL SPORTS CENTRE has a large fitness centre equipped with the latest generation Technogym sports technology and a large team of best-in-class instructors. Furthermore, we have the revolutionary tracking system MyWellness Cloud, which facilitates the monitoring of training.

Our fitness centre of 3,000 m2 consists of a large training room filled with Technogym machines, 3 rooms for directed activities, Olympic sized and educational pools and spacious locker rooms.





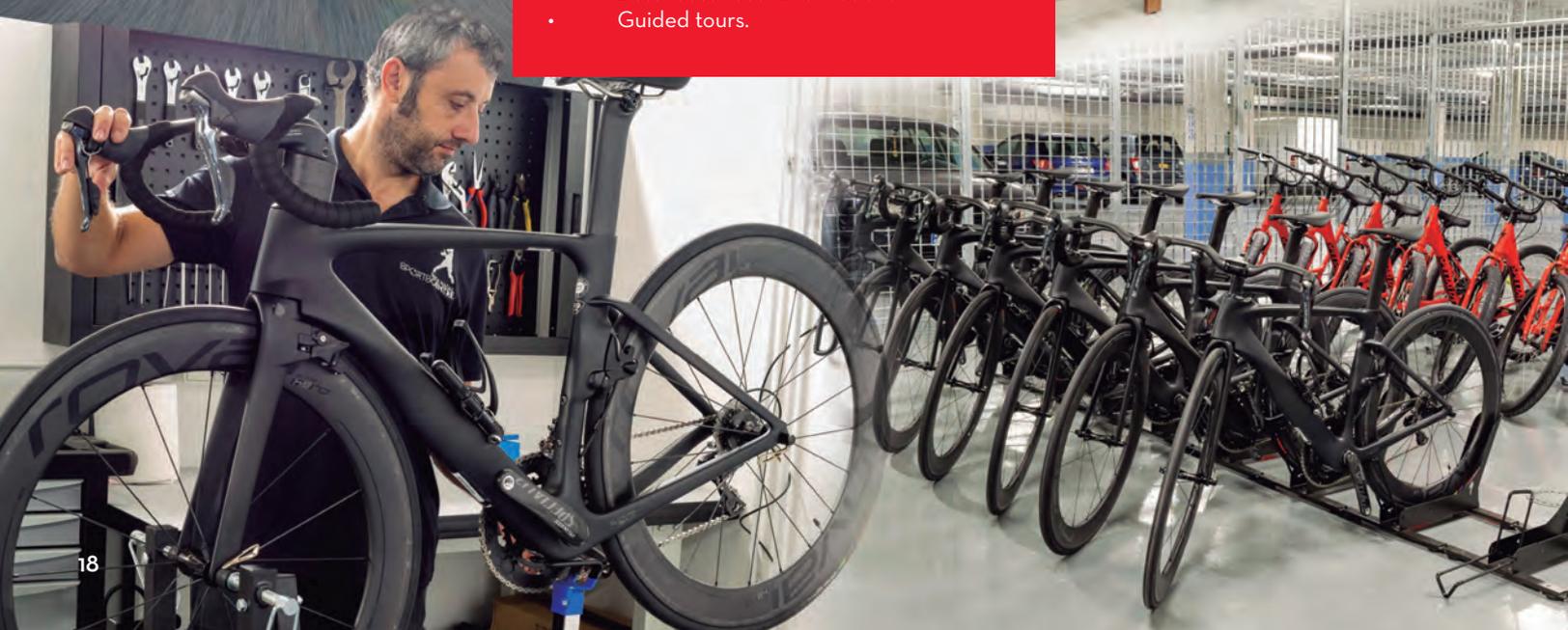


## CYCLE CENTRE BY



We offer premium cycling stages at the hands of the industry leading brand *Specialized*:

- High end *Specialized* bicycle rental.
- Specialized bicycle and accessories Shop.
- Personalized Body Geometry.
- Bicycle storage.
- Repair workshop.
- Best route recommendations.
- Guided tours.





## SPECIALIZED SPORTS SHOP

SPORTSHOP

Our specialized sports shop has the best brands in sports equipment and racket stringing service.

Do not miss the opportunity to take a souvenir of your stay in RAFA NADAL ACADEMY by MOVISTAR.





juaneda  
SPORT HEALTH

## SPORTS MEDICINE CLINIC

RAFA NADAL ACADEMY by MOVISTAR has an on-site clinic specializing in sports medicine, offering a wealth of sports and health treatments.

Highlights include our stress tests, fitness checks and weight loss programs, comprehensive rejuvenation, sleep recovery, anti-stress or

## INTERACTIVE SPORTS MUSEUM

At Rafa Nadal Museum Xperience you'll live a unique experience linked to the world of sport represented by its skills and values, in a high-tech environment with recreational activities.

This space has a permanent exhibition of Rafa Nadal trophies and objects donated by the best athletes in history. You can also experience first-hand what it's like to be an elite athlete in our attractions with state-of-the-art simulators.





PADDLE



CYCLING and TRIATHLON

# SPORTS PROGRAMS

RUNNING

STANDARD: FITNESS & SPA





EVENTS



CONFERENCES

# CORPORATE

INCENTIVES

MEETINGS





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